

Kimochis® Puppet Template

Simply cut around each character on the blue dotted line.

If you like you can laminate each character. If you laminate, cut around the character again once laminated, leaving a 2-3mm gap from the edge of the character.

Find yourself some skewers or sticks and attach one to each Kimochis® character using tape.

Now you have your own set of Kimochis® to practice tools to manage feelings. Use the videos found on our website and your curriculum if you have one to find tools to practice.

www.doinglifetogether.com.au/kimochis-in-australia























































